

Accepted Over-The-Counter Items*

Antiseptics

Antiseptic wash or ointment for cuts or scrapes
Benzocaine swabs
Boric Acid powder
First aid wipes
Hydrogen Peroxide
Iodine tincture
Rubbing Alcohol
Sublimed Sulfur powder

Asthma Medications

Bronchodilator/Expectorant tablets
Bronchial asthma inhalers

Cold, Flu, and Allergy Medications

Allergy medications
Cold relief syrup
Cold relief tablets
Cough drops
Cough syrup
Flu relief tablets or liquid
Medicated chest rub
Nasal decongestant inhaler
Nasal decongestant spray or drops
Nasal strips to improve congestion
Sinus & allergy homeopathic nasal spray
Sinus medications
Vapor patch cough suppressant

Diabetes

Diabetic lancets
Diabetic supplies
Diabetic test strips
Glucose meters

Ear/Eye Care

Airplane ear protection
Ear drops for swimmers
Ear water-drying aid
Ear wax removal drops
Homeopathic earache tablets
Contact lens solutions

Health Aids

Antifungal treatments
Denture adhesives
Diuretics and water pills
Hemorrhoid relief
Incontinence supplies
Lice control
Medicated bandages
Motion sickness tablets
Respiratory stimulant ammonia
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion and blister treatments
Itch relief
Orajel
Pain relievers, aspirin and non-aspirin
Throat pain medications

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Acne medications
Anti-itch lotion
Bunion and blister treatments
Cold sore and fever blister medications
Corn and callus removal medications
Diaper rash ointment
Eczema cream
Medicated bath products
Wart removal medications

Stomach Care

Acid reducers
Antacid gum
Antacid liquid
Antacid tablets
Anti-diarrhea medications
Gas prevent food enzyme dietary supplement
Gas relief drops for infants and children
Ipecac syrup
Laxatives
Pinworm treatment
Prilosec
Upset stomach medications

Not Acceptable*

Aromatherapy
Baby bottles and cups
Baby oil
Baby wipes
Breast enhancement system
Cosmetics
Cotton swabs
Dental floss
Deodorants
Facial care
Feminine care
Fragrances
Hair regrowth
Low "carb" foods
Low calorie foods
Oral care
Petroleum jelly
Shampoo and conditioner
Skin care
Spa salts
Sun tanning products
Tooth brushes

Dual use - requires doctor letter*

Adhesive or elastic bandages
Blood pressure meter
Cold or hot compresses
Eye drops
Foot spa
Gauze and tape
Gloves and masks
Herbs
Leg or arm braces
Massagers
Minerals
Multivitamins
Saline nose drops
Special supplements
Special teeth cleaning system
Thermometers
Vitamins

*Plan restrictions may apply.
Check with your plan administrator.
